



AREYOU READY FOR WHAT'S NEXT?

Now you know a little about the Retirement Reformation. But what will you do with that information? Likely, you will need time to consider this new way of viewing retirement. After all, you are rethinking things you have assumed for years.

The real question is, "How will you continue to process this new perspective on retirement?"

Well, good news! We have some simple tips to help you come up with a plan.





Every day, countless
articles explore what it
takes to prepare for,
enter into and thrive in
retirement. However, if
you are cultivating a
curious mind, you can
continually learn and
consider new ideas that
will expand your horizons
as you reform your
perspective on
retirement.

Here are a few resources to check out (Links are clickable):

- Retirement Reformation Blog
- Retirement Rest -Retirement
 Reformation Facebook Group
- Oxygen For Life Retirement
 Reformation Weekend
- Recreating Retirement Small Groups
- Retirement Reformation Resource Page
- Retirement Reformation Books
- Amazing Age
- YES! Young Enough To Serve
- Re-Ignite
- Finishing Well Book By Bob Buford





Sometimes our best learning happens over coffee with a friend, on the golf course as we wait together, or over a good meal. Don't discount how meaningful these conversations are to your ability to go deeper in your understanding of retirement. Here are some questions to use when you are talking with your friends:

- 1. What do you think retirement was like in ancient Israel? Are there any stories in the Bible that help us get a glimpse at how people in the Bible lived in their final 30 years of life?
- 2. What frustrates you most about retirement? Any thoughts on how we could think about that specific issue differently?
- 3. How are you wrestling with the balance between fun, relationships, service, and outreach?
- 4. What unique opportunities has God given you to be a light to those around you in retirement?

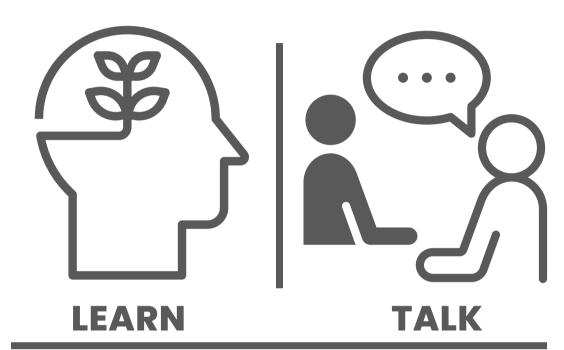




Consider involving your church, small group, Bible study or friend group in your retirement journey. Group discussion can be enriching and offer diverse perspectives on the topics you are exploring. Invite them to join you as you process and grow! Here are some examples:

- Host a group at your home with the specific purpose of having each individual or couple share their story leading into retirement and what God is teaching them. Our **Recreating Retirement** curriculum is great for this!
- Study one of the **books** highlighted by the Retirement Reformation in your Sunday School class or Bible study.
- Pick an outreach activity to do with a group of your retired friends and experience service together.
- Meet with the people in charge of ministry to seniors in your church and brainstorm new ways to engage retired people in your church, such as an Oxygen for Life Weekend.

WHICH STEP WILL YOU TAKE?





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